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## Willie Nelson's Go-To Southern Dish Is As Texas As It Gets

By [Nick Pisano](#)

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Texan he's been since his early years in the Lone Star State. This extends to his favorite Southern cuisine: the humble, delicious chicken-fried steak.

The dish was the first of several that Nelson named when asked about his top Southern food choices by [Southern Living](#). Also referred to as country-fried steak, it involves breading a thin piece of beef with a batter similar to the kind used for fried chicken, then frying it to create a crispy coating. It's generally served with a generous helping of white (or occasionally brown) gravy, creating a simple, affordable dish that's full of tantalizing texture and flavor contrasts.

It's also undeniably Texan, a nod to Nelson's beloved home state. It's believed that German and Scottish immigrants to the region were responsible for developing chicken-fried steak based on traditional recipes such as wiener schnitzel or collops.

## Easy, affordable, and truly Southern



Those who'd like to chow down just like the Red Headed Stranger will be pleased to learn that our [chicken-fried steak recipe](#) is as straightforward as it is delicious, even for

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classic cube steak, due to the tenderizing process.

Now in his early 90s, Willie Nelson also named a few other down-home Southern favorites, including traditional fried chicken, biscuits and gravy, and bacon and eggs, although he insisted, "I try to eat pretty sensible." He also **eats the same thing for breakfast every day**, the comparably healthy but just as humble oatmeal. Along with his iconic music, food has been a constant presence in Nelson's career. He and his wife published a 2024 cookbook with their favorite (cannabis-infused) recipes, and **every Texas Roadhouse has a corner dedicated to Willie Nelson** due to his friendship with the chain's founder.

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